

SFSP Breakfast Meal Pattern



8 oz

Fluid Milk



1/2 c

Fruit



1 oz

Grain



OPTIONAL

1 oz

Meat/Meat Alternate

You must **offer** AT LEAST the minimum amounts listed above to receive reimbursement. You can always offer larger portions.

SFSP Lunch Meal Pattern



8 oz

Fluid Milk



3/4 c

Fruit/Vegetable

(At Least Two Different Types)



1 oz

Grain



2 oz

Meat/Meat Alternate

You must **offer** AT LEAST the minimum amounts listed above to receive reimbursement. You can always offer larger portions.